



VALUES

PERSON-CENTERED MAPPING QUESTIONS

SKILL

EXAMPLE

NOTES

VITAL GOALS

Ask about their priorities and hopes

"Knowing this news, what is most important to you [your mother]?"

Asking about "big picture" priorities and hopes can be a good place to start

"When thinking about the future, what would you want to prioritize for yourself [your son]?"

ACTIVITIES

Ask about the things they want to keep doing

"When thinking about the next weeks to months, what would you [your father] want to be doing?"

Asking about activities can get at additional goals

LIMITS

Ask about their line in the sand

"What would be an unacceptable quality of life for you [your wife], or a life worse than death?"

These questions are hard to answer, ask these after you focus on vital goals

"What abilities are so critical to you [your mother] that you [she] couldn't imagine living without?"

UNCERTAINTIES/ WORRIES

Ask about their worries and concerns

"When thinking about the future, what worries you the most?"

Sometimes asking about a patient's concerns can get at additional goals

"After hearing this news, what concerns would your husband have?"

EXPERIENCE WITH ILLNESS

Ask about their experience with serious illness

"Has anyone in your life been seriously ill or died? How does that impact your thoughts on your healthcare?"

These questions can get at a patient's experience with illness

"How was the last time your daughter was in the hospital? Would she do anything different?"

STRENGTH/SUPPORTS

Ask what helps them through their illness

"What gives you [your wife] strength?"

These questions can get at a patient's coping strategies and spirituality

"What support you [your mother] through her illness?"