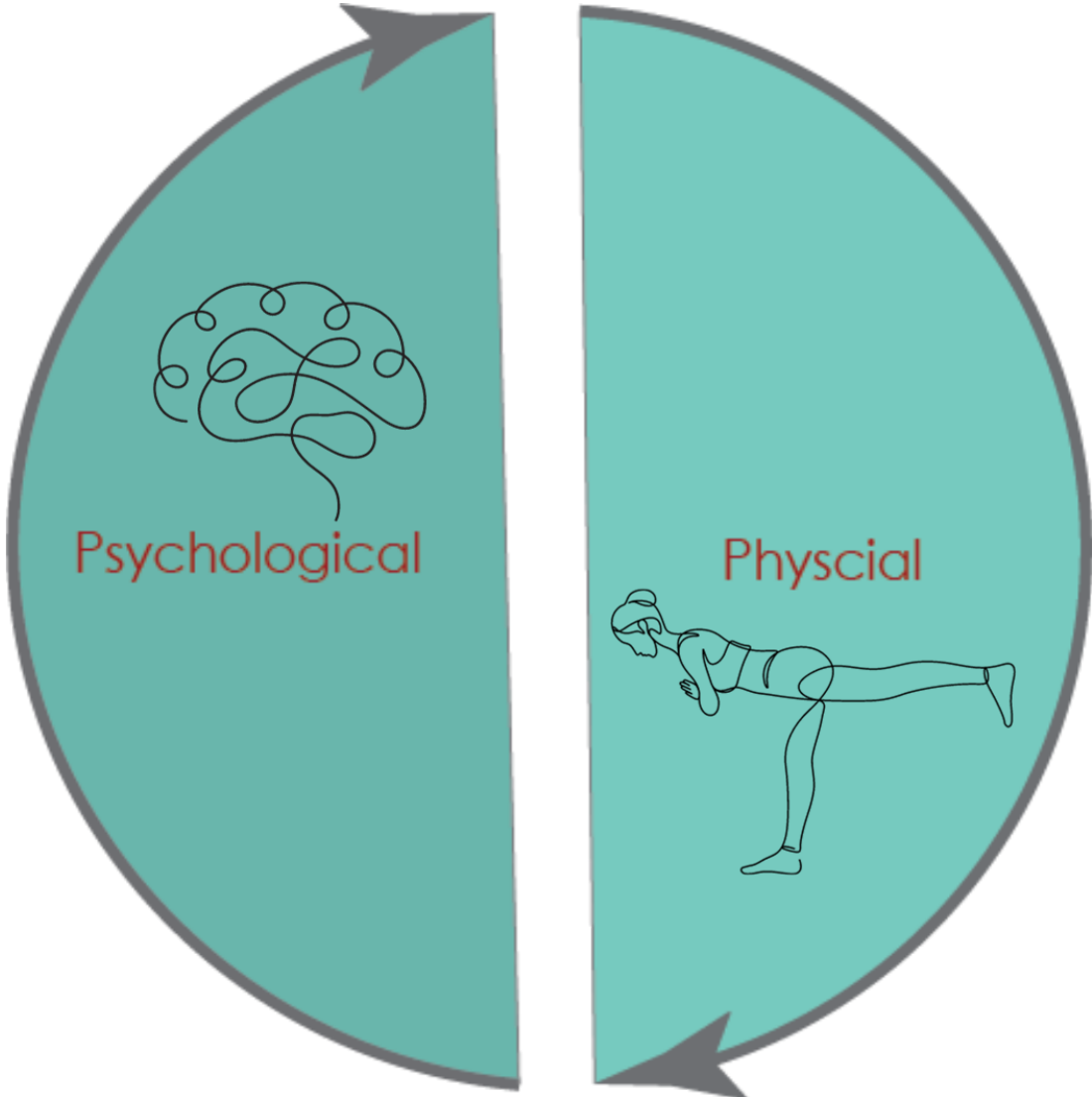


# Personal Well-Being

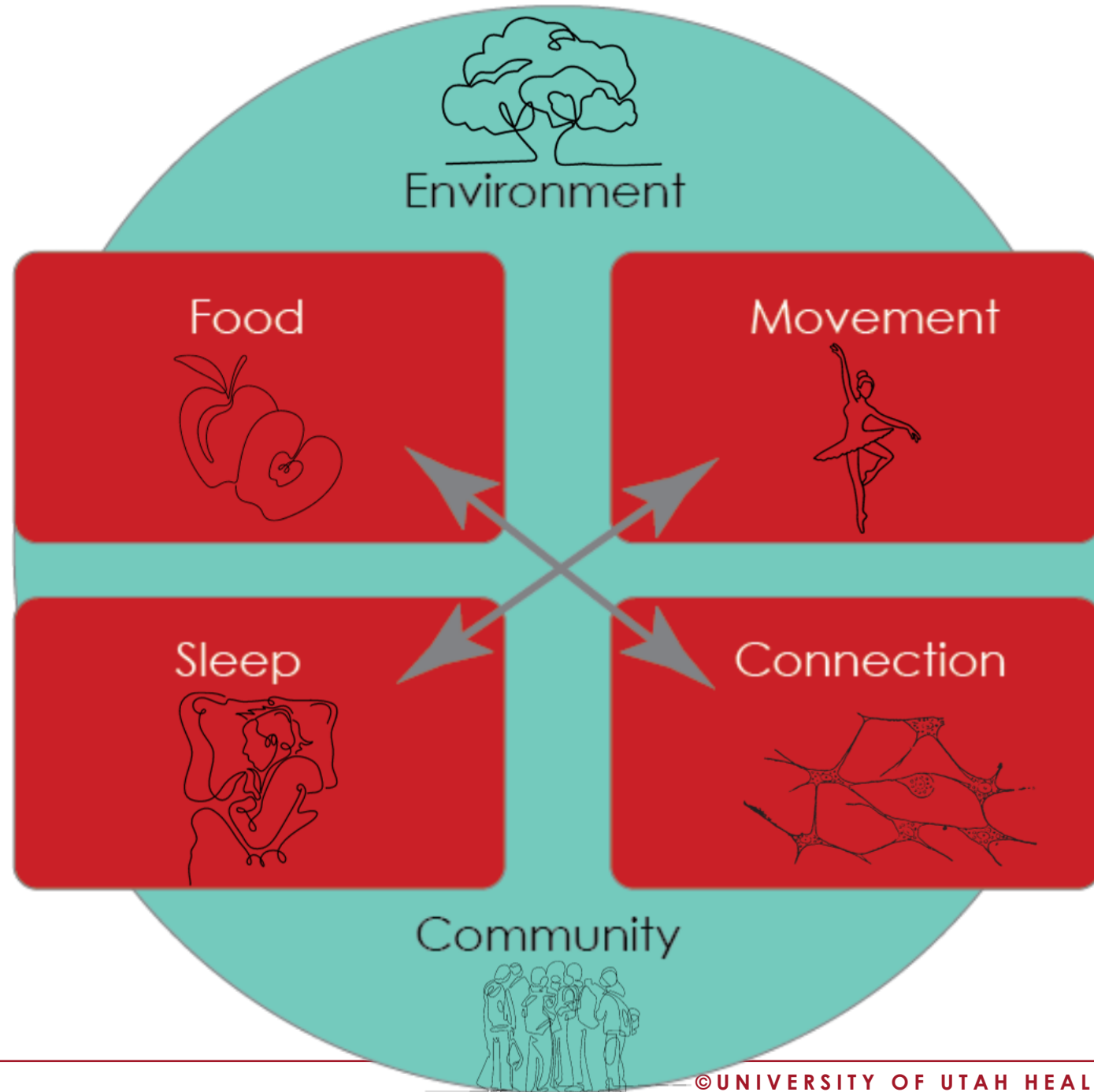
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# Models of health



# Personal Well-Being: Foundations of Health



# Personal Well-Being: stress management

